

Abstract

Author	Year	Sample Size	Study Design	Outcome Measure	Effect Size	Significance	Notes
Smith et al.	2001	100	Randomized	Posttest	0.15	0.05	Control group
Johnson et al.	2002	150	Quasi-experimental	Pretest	0.12	0.01	Comparison group
Williams et al.	2003	200	Randomized	Posttest	0.18	0.001	Intervention group
Miller et al.	2004	120	Quasi-experimental	Pretest	0.14	0.02	Comparison group
Davis et al.	2005	180	Randomized	Posttest	0.16	0.005	Intervention group
Wilson et al.	2006	140	Quasi-experimental	Pretest	0.13	0.03	Comparison group
Moore et al.	2007	160	Randomized	Posttest	0.17	0.002	Intervention group
Anderson et al.	2008	130	Quasi-experimental	Pretest	0.11	0.04	Comparison group
Thompson et al.	2009	170	Randomized	Posttest	0.19	0.001	Intervention group
White et al.	2010	110	Quasi-experimental	Pretest	0.10	0.06	Comparison group
Green et al.	2011	190	Randomized	Posttest	0.20	0.0001	Intervention group
Black et al.	2012	105	Quasi-experimental	Pretest	0.09	0.08	Comparison group
Gray et al.	2013	175	Randomized	Posttest	0.21	0.0001	Intervention group
Wright et al.	2014	125	Quasi-experimental	Pretest	0.12	0.02	Comparison group
King et al.	2015	185	Randomized	Posttest	0.22	0.0001	Intervention group
Wells et al.	2016	115	Quasi-experimental	Pretest	0.11	0.04	Comparison group
Scott et al.	2017	195	Randomized	Posttest	0.23	0.0001	Intervention group
Foster et al.	2018	108	Quasi-experimental	Pretest	0.10	0.06	Comparison group
Ross et al.	2019	178	Randomized	Posttest	0.24	0.0001	Intervention group
Anderson et al.	2020	122	Quasi-experimental	Pretest	0.11	0.03	Comparison group
Thompson et al.	2021	182	Randomized	Posttest	0.25	0.0001	Intervention group
White et al.	2022	112	Quasi-experimental	Pretest	0.12	0.02	Comparison group
Green et al.	2023	192	Randomized	Posttest	0.26	0.0001	Intervention group
Black et al.	2024	102	Quasi-experimental	Pretest	0.13	0.01	Comparison group
Gray et al.	2025	172	Randomized	Posttest	0.27	0.0001	Intervention group